

METHOD FOR IMPROVING THE CELL PROTECTION

ABSTRACT OF THE DISCLOSURE

The invention relates to a method for improving the cell protection which comprises the administration of a combination of the extracts of the plants *Vitis vinifera* and *Lycopersicon esculentum* with the vitamins C, E, beta-carotene and optionally selenium. Said combination can be used in the prevention of pathological conditions related in part to an overproduction of free radicals like aging, arteriosclerosis and cancer.